



EUROPEAN  
SOCIETY FOR  
CLINICAL  
NUTRITION AND  
METABOLISM

# 41<sup>st</sup> ESPEN Congress

## on Clinical Nutrition & Metabolism

Krakow, Poland | 31 August - 3 September, 2019

### Nutrition - A Highway to Health



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## ESPEN 2019

### Hands-on workshops on feeding tubes and central venous catheters

Come and join us in the practical workshops on enteral and parenteral access, organized by Polish nurses in cooperation with the Nutrition Nurses Network Netherlands (NNNN).

During these 60 min sessions, attendees will share knowledge and experience on enteral and parenteral access. The focus will be on the devices needed to administer enteral or parenteral nutrition. The aim of these practical sessions is to learn by doing and to share knowledge and best practice amongst peers.

The workshops do not require registration, you can just walk in and join, although there is a limit of 30 seats each session on a first-come first-serve basis.

#### **English and Polish sessions!**

*There will be simultaneous workshops in English and Polish.*

### Enteral access workshop

Attendees will have the opportunity to gain hands-on experience in following areas:

- PEG-aftercare
- Replacement of gastrostomy tubes
- Nasogastric tubes: insertion, measure insertion length, check position, lemonade test.

### Intravenous access workshop

Attendees will have the opportunity to gain hands-on experience in following areas:

- (Tunneled) CVC and PICC: indication, care and complications
- Implantable port systems: indication, care and complications

### Time schedule

<b>Sunday 1 sept</b>	<b>Room 1 (Enteral)</b>	<b>Room 2 (Parenteral)</b>
10.30 – 11.30	English	Polish
12.00 – 13.00	Polish	English
<b>Monday 2 sept</b>		
10.30 – 11.30	Polish	English
12.00 – 13.00	English	Polish